

CaPa

Healing Hearts and Homes♥



2017 Annual Report

In 2017,
CAPA lifted the
hearts of more than

812

children & adults



** This total may include some duplicated counts as several individuals participated in multiple CAPA programs.*



Message from Executive Director

Rochelle Parker



Last year was full of upgrades and renovations at CAPA! With the support of the Victims of Crime Act and others like the Rotary Club of Eastern Independence and Junior League, CAPA was able to complete over \$120,000 in renovations and new equipment purchases. Those projects included working with dozens of UPS and community volunteers to install a new play therapy playground replacing the slightly unsafe, wooden structure we had been using. Other projects included purchasing new sand trays for therapy and sending all our therapists through the Play Therapy Institute – a ten-month training.

In 2018, we hope to complete another \$150,000 in repairs to our parking lot, heating and cooling systems, flooring, restrooms and food prep area. We want to create the best experience possible for those in our care, and it is because of supporters like you that this will be possible. We have added new staff positions going into 2018 thanks to the Jackson County Community Children's Services Fund and there is so much in store for CAPA! The more we grow, the more families we serve and the closer we are to eradicating child abuse.

Finally, yet importantly, we have a second office now because of some client need and location data we have been reviewing for the past four years. To more effectively serve families in the 20+ cities we work in, we decided to collaborate with Plexpod Westport in Kansas City to utilize space. Plexpod provides us with additional space for our in-home case management staff to work on case notes, make phone calls and have meetings. At Plexpod Westport, other non-profit agencies and new prospective corporate partners surround us, which is essential to our sustainability and continued growth. We are excited about CAPA Kansas City!

We already have ideas for 2019 and beyond and we are grateful to have you on this journey with us. From our friends in Lee's Summit to our friends in the southern part of the county, Grandview, we truly have a community that cares and we feel it every day. Thank you for all you do to make our work possible. We could not do this without you!

Rochelle Parker



CAPA invests in children & families so they can **heal & reach new heights!**

Our Mission

CAPA strives to prevent and treat all forms of child abuse by creating changes in individuals, families and society that strengthen relationships and promote healing.

2017 Financials

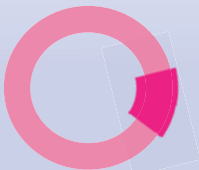
Operational Expense Percentages



74%
Program Expenses



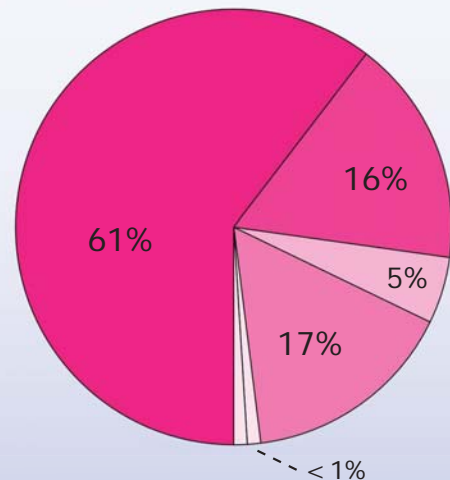
18%
Administrative Expenses



8%
Fundraising Expenses

A copy of CAPA's Audited Financial Statement is available upon request.

Operational Revenue Percentages



61% Government Contracts
17% Restricted Contributions
5% Unrestricted Contributions
<1% Special Events
<1% Fees for Service
16% In-Kind, Interest and Other Income

Counseling Services



4 4 8 individuals received
counseling & crisis support

CAPA's wish is that no child will ever have to know what it is like to experience abuse. But until that day comes, our doors are open 7 days a week to provide individual and family counseling to children and their families who have experienced the traumas of abuse and neglect.

We believe no family should have to face this challenge alone.

Children and individuals are given a voice through an array of trauma-focused therapies including art and play therapy as well as hypnotherapy so they can tell their story and begin to heal.





CAPA understands that parenting is hard even in the very best of circumstances, and sometimes parents need a helping hand.

Our Healthy Families Jackson County™ home-based program aims to reduce the risk factors that could lead to adverse childhood experiences, such as child abuse and neglect. Our caring case managers work closely with the families to help promote family resiliency and healthy parenting skills. Through this program, families are connected to additional social and tangible resources and supports while increasing their knowledge of age-appropriate expectations for their children.

119

individuals received guidance
in developing skills for building
family strength & success



**Family Support
Services**

Prevention Education Services

245 individuals participated in CAPA's educational & outreach programs

CAPA works to achieve the goal of strengthening families and increasing knowledge of the many ways to recognize and prevent child abuse by offering a variety of educational classes and seminars to the community.

Whether it is providing parents and guardians with alternative communication and discipline solutions for their children, visiting local schools promoting anti-bullying and safety skills to kids and teens, or supplying knowledge and tools to professionals through Mandated Reporter Trainings, CAPA is diligently working to prevent abuse through education and outreach. CAPA believes that each member of our community plays an important role in the prevention of child abuse.





Message from Board President

Kirk Beye



CAPA, The Child Abuse Prevention Association, is founded on the belief that children and families deserve to feel safe, cared for and loved. CAPA works diligently through its prevention services to enable children and families to develop and create these outcomes. When something occurs that compromises this for families and children, CAPA responds. CAPA is there to provide support, nurturing and healing. On behalf of CAPA and its Board, I extend our appreciation to everyone who has supported CAPA and contributed to its ability to fulfill its mission. Thank you!

Regardless of our roles at CAPA, I am convinced the one thing that binds us together and empowers us is “we feel the same way.” There is a story that is part of my family’s history that I believe gets to the heart of this “feeling.”

My youngest son, Ryan, stuttered. He was smart enough and creative enough to find ways to adapt to what others saw as a flaw. To him, the stuttering was just an inconvenience. For Ryan certain letters and words were more challenging to say or enunciate than others. These words or letters could trigger a bout of stuttering or slow his ability to converse. Some of the letters that come to mind are L, W and Y. Words that contain these sounds were challenging as well. When Ryan would encounter one of these “triggers” he would employ a variety of tactics. The tactics were designed to enable him to navigate around or through whatever barrier was hindering his speech.

All of this is background information in order to share something that occurred countless times during our time together. Often when Ryan and I were together and during the course of our interactions, I would be moved to tell him what I was feeling. It would be simple and direct. “Ryan, I love you buddy,” Ryan would smile at me and then something like this would occur. “I le, I le,” then silence. “The word is,” followed by a pause. “It starts with,” another bit of silence. Then there’d be a longer pause and he would smile at me again and say, without hesitation, “I feel the same way, Dad!” You can’t believe how this made me feel. Even now, years later, simply telling this story causes my heart to resonate with the memory of that feeling.

A number of years ago, CAPA faced some significant challenges. When we would meet to address these challenges, we would jokingly find encouragement in the expression “CAPA is Primed to Thrive.” CAPA is no longer just “Primed to Thrive.” No joke, CAPA is thriving! Because of our shared feelings and the power of hearts, minds and spirits that resonate together. I am confident that CAPA will continue to thrive.

Kirk Beye





“CAPA stuck with me through some of the hardest times of my life and helped me blossom into a strong and capable mother. Thank you, CAPA.”

- CAPA client

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Megan Campbell, **Development & Communications Director**
Melody Morgan, **Program Development Director**
Susan Ruddell, **Office Manager**



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